OUR NEW WEB SITE IS HERE!

Over the past few months, our staff has been working hard to enhance our website—to make it more informative and easier to navigate. New features include:

- **News** Announcements, program updates, and event information. Timely articles by Family Service staff and field experts.
- **Counseling** Information about our counseling approach and how to become a client.
- **Family Resources** Information on regional organizations offering complementary supportive services.
- **Get Involved** Specific ways you can get involved through volunteering or donating.

We look forward to receiving your feedback on our website. Just click Contact Us at www.famservice.org.

SUMMER 2018 NEWS
FAMILY SERVICE OF LAKE COUNTY
To learn more, donate, volunteer, or join our email list, go to: www.famservice.org or 847-432-4981.
Like us on Facebook at Family Service of Lake County.

INSPIRING HOPE, COPING AND HEALING
**YOUTH COUNSELING INITIATIVES**

Due to increasing need for youth counseling in our communities, Meredith Gettleman, LSW, recently joined our staff as a Youth Therapist. She meets with youth and families at our Highland Park office and at CROYA in Lake Forest.

By connecting with local school social workers and community groups, Meredith is expanding our counseling-partner network. She recently joined a panel discussion for parents on “Social Media and Adolescence” at Northwood Jr. High School in Highland Park. She explained that the more time spent on social media, the more likely youth are to be challenged by bullying, anxiety, and depression. She also suggested ways parents can encourage healthy media habits to support their teens when challenged.

Watch for Meredith’s programs on “How to Support Your Teen” at the Lake Forest and Deerfield Libraries in the coming months.

**NUESTRO CENTER’S EDUCATION COMMITTEE**

An experienced group of volunteer educators comprise a new Education Committee at Nuestro Center. The Committee’s mission is to advise our staff and volunteers about ways and resources to help our Latino elementary school students bridge the significant reading and math achievement gap that exists with their peers.

Each summer, our Nuesto Verano Camp includes fun ways to help students maintain and improve the gains they made during the school year. This summer, a team of six volunteers, including a reading specialist, will work with first-third graders to help them prepare for the dual-language program changes beginning in District 112 schools this fall and to prevent the summer slide.

Why is this important? First-third graders formerly received 80% of instruction in Spanish and 20% in English. Instruction now will be 50% in each language. With Camp support, our students will be more likely to achieve the language competency to help them thrive at school.

**THANK YOU FOR YOUR GENEROSITY AT A SHOW OF SUPPORT 2018**

On May 5, over 170 friends and supporters gathered at Exmoor Country Club to help fund our counseling and educational programs. Over $96,000 was raised to help ensure that affordable support continues to be available for all in need. First Presbyterian Church of Deerfield was honored as Outstanding Community Partner for its 20+ years of supporting the Latino population of Highland Park and Highwood. The evening included a reception, silent auction and raffle, followed by buffet dinner, program, and paddle raise. WGN’s Mike Toomey was emcee and entertainer.

*Photos by Beth Peterson*